

## Bibliographie Alain Gros Lambert

1. Quinart S, Gros Lambert A, Ecartot F, Simon-Rigaud ML, Nicolet-Guénat M, Nègre V, Mouglin F. Validation of a new scale to measure perceived exertion in obese adolescents: the Childhood Obesity Perceived Exertion (Cope-10) Scale. *J Sports Med Phys Fitness* 2016 56:1013-20.
2. Gonzales B, Hagin V., Dowrick P., Gros Lambert A. Effects of Various Cognitive Video Stimulations on the Measured Stamina of Runners. *The Sport Psychologist* 2015; 29: 335-343.
3. Hagin V., Gonzales B., Gros Lambert A. Effects of cognitive stimulation with a self-modeling video on time to exhaustion while running at maximal aerobic velocity : a pilot study, *Percept Mot Skill* 2015; 120 (2): 1-11.
4. Gonzales B., Guillot R., Hagin V., Monnier-Benoit P., Placet V., Gros Lambert A. Self-paced cycling performance and recovery under a hot and highly humid environment after cooling. *J Sports Med Physic Fitness* 2014; 54 (1): 43-52.
5. Coquart J, Gros Lambert A., Dufour Y, Matran R, Garcin M. Psychological Factors Effects on RPE and Estimated Time Limit by Teleoanticipation. *TSP* 2012; 26: 359-74.
6. Hagin V, Gonzales B, Candau RB, Gros Lambert A. High performance solo sailing during a Pacific Ocean crossing is possible by minimizing sleep deprivation, anxiety and perceived fatigue. *J Sports Sci* 2012; 30 (4): 395-402.
7. Gonzales B, Hagin V, Guillot R, Placet V, Gros Lambert A. Effects of polyester jerseys on psycho-physiological responses during exercise in a hot and moist environment. 2011. *J Strength Cond Res* 2011 ; 25(12) : 3432-8.
8. Grange C, Monnier Benoit P., Gros Lambert A. The perceived exertion to regulate a training program in women. *J Strength Cond Res* 2011 ; 25(1) : 220-4.
9. Monnier Benoit P. Gros Lambert A. Use of perceptual markers to determine the anaerobic threshold. *J Strength Cond Res* 2009 ; 23 (6) :1752-7.
10. Gros Lambert A. Millet G. Candau R.. Effect of sleep deprivation on anxiety and perceived fatigue during a one man Atlantic Ocean crossing on a sport catamaran: a case study. *Envir & Behav*, 8, 2007, 144-150.
11. Defrasne Ait-Said E., Gros Lambert A., Courty D. Validation of a pictorial rating scale for grip strength evaluation in 3 to 6 year old children. *Neurosci Lett* 2007, 420: 150-154.

12. Bertucci W., Grappe F, Gros Lambert A. Laboratory vs cycling condition; differences in pedalling biomechanics. *Journal of Applied Biomechanics* 2007, 23: 87-92;
13. Gros Lambert A. Mahon A. Perceived exertion: influence of age and cognitive development. *Sports Med.* 2006, 36 (11): 911-928.
14. Monnier benoit P., Gros Lambert A., Rouillon JD. Effects of steady state exercise on perceived pain : comparison of sedentary subjects and cyclist. *Percept & Mot Skills* 2006.Dec 103(3): 659-66 .
15. Gros Lambert A., Schmitt L., Rouillon JD. Effets d'une alcalinisation exogène sur la perception de l'effort et la performance en ski de fond. *Sci & Mot* 2006 ; 58 : 93-103.
16. Gros Lambert A., Grange CC, Perrey S. Tordi N. Effects of aging on perceived arm pain and exertion in 70-80-year old elderly. *J Sports Sci & Med* 2006; 5, 208-211.
17. Gros Lambert A., Monnier benoit P., Grange C.C., Rouillon JD. Self-regulated running using perceived exertion in children. *J Sport Med Physic Fitness* 2005, 45: 20-25.
18. Millet, G., A. Gros Lambert, B. Barbier, J. Rouillon, and R. Candau. Modelling the effects of training on anxiety and perceived fatigue in elite endurance athletes. *Int J Sports Med* 2005; 26: 492-498 .
19. Gros Lambert A., Grappe F. Perrey S., Bertucci W., Girard A., Rouillon JD. A perceptive individual time trial performed by triathletes to estimate the anaerobic threshold: a preliminary study. *J Sport Med Physic Fitness* 2004, 44: 147-155.
20. Grange CC, Maire J, Gros Lambert A., Tordi N., Dugué B , Pernin JN, Rouillon JD. Perceived exertion and rehabilitation with arm crank in elderly patients after total hip arthroplasty : a preliminary study. *J Rehabil Res Dev* 2004, 4, 611-621.
21. Perrey S., Grappe F., Girard A., Bringard A., Gros Lambert A., Bertucci W., Rouillon JD. Physiological responses of triathletes to a simulated 30-min time-trial at self-selected power output. *Int J Sport Med* 2003; 24 : 138-143.
22. Gros Lambert A., Candau R., Grappe F., Dugué B., Rouillon J.D., Effects of Autogenic and Imagery training on the shooting performance in Biathlon. *Res Q Exercise Sport* 2003, 74 : 337-341.
23. Grebot C., Burtheret A., Gros Lambert A. Influence of the temperature on the triggering force and the ballistic in biathlon shooting. *Arch Physiol & Biochemist* 2003, 111, 80-81.

- 24.** Grebot C., Burtheret A., Gros Lambert A., Pernin JN. Effects of temperature changes on the mechanical and ballistic responses in biathlon shooting. *J Biomechanics* 2006, 74, 135-142.
- 25.** Grebot C., Gros Lambert A., Burtheret A., Pernin JN. Effects of exercise on perceptual estimation and short-term recall of shooting performance in biathlon. *Percept & Mot Skills* 2003, 97, 1107-1114.
- 26.** Gros Lambert A., Nachon M. Influence of the age on perceived exertion during grip strength task. *Neurosci Letter* 2002, 325, 1, 52-56.
- 27.** Grange CC, Bougenot MP, Gros Lambert A., Tordi N., Rouillon JD. Perceived exertion and rehabilitation with arm ergometer of patients with spinal cord injury. *Spinal Cord* 2002, 10; 73-78.
- 28.** Grebot C., Gros Lambert A., Rouillon JD. Relation vitesse précision au tir chez les biathlètes experts. *Sci & Sports* 2002, 1 : 13-16.
- 29.** Hintzy F. Gros Lambert A, Dugué B., Belli A., Rouillon JD. Does endurance or explosive training affect perceived exertion ? *Int J. Sport Med.* 2001, 22 : 513-517.
- 30.** Gros Lambert A., Hintzy F. , Hoffman M. Rouillon JD. Validation of a rating scale of perceived exertion in children. *Int J.Sports Med.* 2001 ; 22, 116-119 ;
- 31.** Grange CC, Gros Lambert A., Bougenot MP, Tordi N., Rouillon JD. Perception subjective de l'exercice au cours du réentraînement chez le sujet paraplégique. *Sci & Sports* 2000, 15 : 6-7.
- 32.** Gros Lambert A. Candau R., Hoffman M.D., Bardy B., Rouillon J.D. Validation of simple tests of the shooting abilities in biathlon. *Int J Sports Med* 1999; 20 : 179-182.
- 33.** Gros Lambert A., Grappe F., Candau R., Rouillon J.D., Réponses cardio-ventilatoires au tir debout en biathlon. *Sci & Sports* 1998; 13 : 135-137.
- 34.** Gros Lambert A. ,Gillot G, Davenne D., Rouillon J.D. Influence de l'exercice physique sur le temps de réaction et la qualité du tir en biathlon. *Sci & Sports* 1995; 10 : 47-48.